



## Pre-procedure information sheet

### Booking Consultations and Treatments

At St Luke's Radiology Oxford Ltd, our Consultant Radiologists are doctors who specialise in spine intervention and musculoskeletal conditions. Before your treatment or consultation, our healthcare team will send you detailed questionnaires which obtains important information used in planning your treatment. This will allow us to assess your current disability, calculate several scores that help to predict the chance of the treatment being effective and tells us about the way in which your body responds to pain and how to effectively plan your treatment.

The Consultant Radiologist will arrange a remote video or telephone consultation with you to discuss the choices and explain any risks and statistical likelihood of success. This information is based on the results of patients we have treated in the past. If you are happy to proceed, they will then take formal consent during the meeting.

Please visit our website for further details on our consultants and healthcare team who will be caring for you. <https://stlukesradiology.org.uk/team/>

### Communications

Unless you ask us to the contrary, we will automatically send copies of radiology reports, procedure reports and the advice we offer to yourself, your general practitioner and your referrer (if applicable).

### Consent for Interventional Procedures

Fortunately, complications are rare in association with image guided injections. However, before we undertake the procedure, the doctor will warn you of the following which might occasionally occur following the injection:

1. Infection.
2. Allergy to the substance injected.
3. Increased risk of epileptic fits for those taking anti-smoking therapy Zyban.
4. Bruise at the site of the injection.
5. Tendon damage possibly including tendon rupture.

6. Damage to vessels or nerves.
7. Interaction with a prescription drug – we would like to see a list of these.
8. The injection may not relieve symptoms.

Potential side effects of steroids when used:

- Headache.
- Facial flushing for approximately 48 hours.
- vivid dreams.
- In women, menstrual irregularity or breakthrough bleeding after menopause.
- Steroid flare which means an increase in pain at the site of the injection for approximately 48 hours.
- Skin pitting and discolouration (steroid atrophy) at the site of the injection.
- In diabetic patients there may be a disturbance of diabetes control for approximately two weeks after the injection.

Additional comment for injections in the region of the spine

- transient numbness and weakness in the limb due to local anaesthetic
- very rare risk of paralysis - cervical spine (the neck)
- very rare risk of cerebrovascular accident (stroke) – cervical spine (the neck)

There will be an opportunity to ask questions before consenting to the procedure during the consultation or intervention with the Radiologist.

To see a video explaining the process of undertaking an ultrasound guided injection, please click on this link. <https://stlukesradiology.org.uk/ultrasound-injection-video/>

**Arriving at St Luke's Radiology Oxford Ltd, Latimer Road,  
Headington, Oxford OX3 7PF**

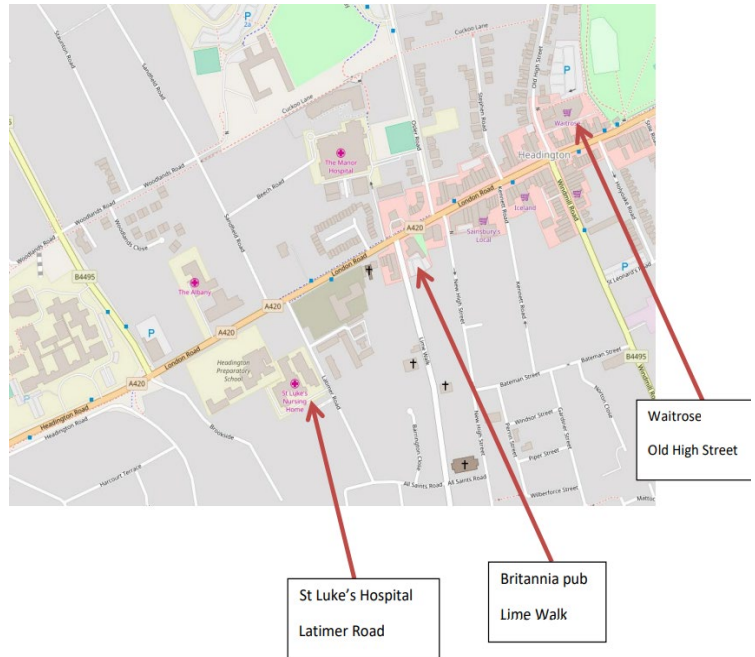
On arrival, please enter the main entrance at St Luke's Hospital informing the reception staff of your arrival. You will be asked to sign in at the front desk, directed to the waiting room where you will be collected by a staff member of St Luke's Radiology Oxford Ltd at the time of your appointment.

**Should you plan on travelling by car, it is advised that you do not drive immediately after an injection procedure, therefore please arrange for someone to chaperone, and take you home after your treatment.**

There is a small car park available at St Luke's Hospital which is free of charge but please be aware it can become congested. We recommend that you allow yourself extra travel time as you may need to find alternative parking.

Alternative parking can be found at the Britannia pub (London Road, Oxford OX3 7AA), White Horse (1 London Road, Oxford OX3 7SP) and Waitrose/Shell (London Road, OX3 9HP). These are small chargeable pay and display car parks paying by pay machine, phone or downloadable app: <https://www.paybyphone.co.uk/>

Alternatively, there are two hours free parking spaces on the right of Latimer Road near the entrance from the London Road. This is mostly resident parking and may or may not be available. There are some additional two-hour free parking spaces in Sandfield Road, near the entrance from the London Road. (Sandfield Road is almost opposite Latimer Road). For public transport the 400 Park and Ride bus stops at the centre of Headington near the shops.



## Payments

A list of our self-pay fees can be found at <https://stlukesradiology.org.uk/self-pay-prices/>. Please note there are different rates for spine injections and musculoskeletal conditions.

St Luke's Radiology Oxford Ltd holds a 30-day payment term. Payments can be settled in person, by phone, post or bank transfer. We accept all major payment methods including cash, credit card and debit card. We do not accept American Express.

Please reference any online BACS payments to include your invoice number. This information can be found on your invoice.

**If you have healthcare insurance, please contact your insurance provider for an authorisation code prior to booking any appointment. Should your insurance company not authorise the cost of treatment at St Luke's Radiology, the patient is liable to settle any outstanding payments as a self-**

**payer. Please ensure that you are aware of your level of cover and any spend cap on your policy as this can also affect what costs may occur.**

## Cancellation policy

St Luke's Radiology holds a cancellation policy which is as follows:

- 50% of the normal fee will be charged for any cancellations made within less than 2 business days.
- Up to 100% of the normal fee may be charged for any cancellations made within 1 business day. This is at the Directors' discretion.

## Questionnaires and Forms

If we do not have all the requested forms submitted 1 business day prior to your appointment, unfortunately, your appointment will be postponed, and you will be charged a 50% fee of the normal fee.

We will not confirm a further appointment for you until the forms have been submitted.

## Personal protective equipment and Covid 19 protection policy

St Luke's Radiology Oxford Ltd conforms to all government advice and regulations regarding measures to reduce the potential transmission of COVID-19 infection rates and PPE. Staff involved in interventional procedures will wear personal protective equipment.

To reduce the risks of infection and disease transmission we do not normally allow accompanying persons to enter the Radiology Department, as our examination rooms and corridors offer confined spaces putting the accompanying individuals at an increased risk. Drivers and site visitors are therefore asked to wait elsewhere. There is a waiting room and a hospital café. There will be exceptions made when an adult is accompanying a patient who has communication difficulties or has significantly reduced capacity to respond. Similarly, when treating a patient under the age of 16. Special arrangements must be discussed and arranged with the Clinical Manager and treating consultant prior to any scheduled appointment.

Type 1 or type 11R surgical face masks are optional this can be provided on arrival at the patient's request. If you or anyone in your household have symptoms of a viral illness including a new continuous cough or fever, please do not attend the hospital and call 01865 507446 to reschedule your appointment.

## Covid-19 - Vaccination and steroid guidelines

For a patient who is on an elective waiting list for a steroid injection of up to 80mg methylprednisolone or 80mg triamcinolone, the administration of the COVID-19 vaccine is a priority if the vaccine has been offered to the patient and the prevalence of COVID-19 is high. It is advised that the steroid injection should be deferred by 2 weeks after the vaccine. This is to ensure that response to the vaccine is fully effective. Please contact the clinic and inform your Radiologist if you have a Covid-19 vaccination booked.

## Consent to use data

At St Luke's Radiology Oxford Ltd, we continuously audit our practice which helps us to understand how effective treatments are to improve them in the future. We would like to use the outcome scores of your treatment to assess the overall effectiveness of the procedures in our practice to maintain quality and provide statistics that we can use to determine future treatment pathways. It would be a great help to us and our patients if you do not mind your own results being included in the studies. To do this we remove individual identifying information and collate the statistical outcome results. Please tell us if you would prefer that your data is not used for this analysis and we will exclude it from the calculations.

For queries and questions please visit our website at [www.stlukesradiology.org.uk](http://www.stlukesradiology.org.uk) or call 01865 507446 to speak to a member of our team.